

Allergen Menu



Luk Thai
at The Cricketers

Our dish descriptions may not mention every single ingredient; just ask if you're unsure. Sadly, it is impossible for us to guarantee that our busy kitchen is 100% allergen free. Allergens contained within condiments or optional extras are not included in the allergen information. Please inform one of our restaurant team of your specific allergy or dietary requirement when ordering and feel free to ask if you have any questions.

Starter

Menu Item		Does it contain?													Is it suitable for?			
		Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur/ Dioxide/ Sulphites	Vegans	Vegetarians	Comments
1	prawn crackers		YES															
2	chicken satay								YES		YES							
3	vegetable thai spring rolls		YES		YES								YES					
4	thai fish cakes				YES	YES												
5	pork spare ribs		YES						YES				YES					
6	prawn toast		YES	YES		YES		YES				YES	YES					
7	mixed starter for 2		YES	YES	YES	YES		YES	YES	YES	YES	YES	YES					
8	vegetable tempura		YES		YES												YES	
9	sweet corn cakes		YES		YES												YES	
10	duck spring rolls	YES	YES		YES							YES	YES					
11	crispy chilli squid		YES		YES	YES											YES	
12	som tom					YES					YES	YES			YES	YES		
13	tempura prawns			YES		YES												
14	esan food special som tom gai yang and sticky rice					YES			YES		YES	YES						

Soup

Menu Item		Does it contain?													Is it suitable for?			
		Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur/ Dioxide/ Sulphites	Vegans	Vegetarians	Comments
15	thai tom yum					YES									YES	YES		Can be made without fish sauce on request
16	tom ka					YES								YES	YES			

Side

Menu Item		Does it contain?													Is it suitable for?		
		Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur/Dioxide/Sulphites	Vegans	Vegetarians
17	stir fry mixed vegetables		YES					YES				YES	YES		YES	YES	
18	stir fry cashew nuts with tofu		YES					YES				YES	YES			YES	
19	pumpkin red curry			YES		YES										YES	Contains shrimp paste
20	chips														YES	YES	

Curry

Menu Item		Does it contain?													Is it suitable for?		
		Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur/Dioxide/Sulphites	Vegans	Vegetarians
21	slow cooked beef massaman		YES	YES						YES	YES						
22	thai green curry			YES												YES	All curry dishes contain shrimp paste.
23	thai red curry			YES												YES	
24	thai yellow curry			YES					YES							YES	
25	panang curry			YES												YES	
26	jungle curry		YES	YES									YES			YES	

Stir Fry

Menu Item		Does it contain?													Is it suitable for?		
		Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur/ Dioxide/ Sulphites	Vegans	Vegetarians
27	pad ka pao		YES					YES					YES		YES	YES	All stir fry dishes contain oyster sauce. This can be made suitable for vegan without oyster sauce upon request.
28	stir fry with chilli and vegetable		YES					YES				YES	YES		YES	YES	
29	stir fry with oyster sauce and vegetable		YES					YES				YES	YES			YES	
30	stir fry with cashew nuts and vegetable		YES					YES		YES	YES	YES	YES		YES	YES	
31	stir fry with ginger		YES					YES				YES	YES		YES	YES	
32	stir fry with garlic		YES					YES				YES	YES		YES	YES	
33	sweet and sour stir fry		YES										YES		YES	YES	
34	thai fried rice		YES		YES			YES					YES		YES	YES	

Noodle

Menu Item		Does it contain?													Is it suitable for?		
		Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur/ Dioxide/ Sulphites	Vegans	Vegetarians
35	pad thai		YES		YES					YES	YES				YES	YES	All noodle dishes are fried with an egg. This can be removed on request.
36	chow mein		YES		YES			YES			YES	YES	YES			YES	
37	pad si yu		YES		YES			YES					YES		YES	YES	
38	drunken noodle (pad ke mau)		YES		YES			YES					YES		YES	YES	
39	singapore noodles		YES		YES			YES					YES		YES	YES	
40	sweet and spicy egg noodle with roast duck		YES		YES			YES				YES	YES				

Gluten-Free Menu



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The dishes listed below can be made Gluten-Free upon request.

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Starter

- 2A **vegetable satay**
- 4 **thai fish cakes**
- 12 **som tom**

Soup

- 15 **thai tom yum**
- 16 **tom ka**

Side

- 17 **stir fry mixed vegetables**
- 18 **stir fry cashew nuts with tofu**
- 19 **pumpkin red curry**
- 20 **chips**

Curry

- 22 **thai green curry**
- 23 **thai red curry**
- 24 **thai yellow curry**
- 25 **panang curry**
- 26 **jungle curry**

Stir Fry

- 27 **pad ka pao**
- 28 **stir fry with chilli and vegetable**
- 29 **stir fry with oyster sauce and vegetable**
- 30 **stir fry with cashew nuts and vegetable**
- 31 **stir fry with ginger**
- 32 **stir fry with garlic**
- 33 **sweet and sour stir fry**
- 34 **thai fried rice**

Noodle

- 35 **pad thai**
- 36 **chow mein**
- 37 **pad si yue**
- 38 **drunken noodle (pad ke mau)**
- 39 **singapore noodles**

Chef Recommendation

- 41 **steamed whole sea bass**
- 43 **crispy sea bass with thai herbs**
- 46 **pork siam**
- 47 **laab moo**
- 50 **weeping tiger beef**
- 51 **sizzling beef in black bean sauce**
- 53 **panang curry with giant king prawn**
- 54 **giant king prawn with garlic**

Dessert

- **mint chocolate bomb**
- **coconut halve ice cream**
- **vanilla honey pot**
- **lemon sorbet**
- **orange sorbet**